



Class

How to Figure This Out

Goal:

Teach that the attitude of "**We can't do this**" is nothing else than the fear of the unknown. Once this fact is known, people won't be afraid to learn and will likely build themselves a better future.

Method:



Step 1 "The vote"

With a group of 1 to 12 participants, go around the table and ask them to list 1 to 3 'things' they think they can't do. Then, with the help of the tutor commenting on the level of resources required, the participants vote on which one of those 'things' they would like achieved.



Step 2 "The execution"

Using the provided "Method", the tutor guides the group on how to research and figure out how to achieved the 'thing' that was voted.



Step 3 "The assessment"

The tutor interrogates the participants leading them to realize it was simply a matter of figuring it out and learning what we did not know. Participants must say "**I can figure things out**".